

**FOR THOSE WHO ARE
SEPARATED/DIVORCED:**

We promote participation in a ministry called **DivorceCare**, which is presently being offered throughout the year in 3 locations in Frederick county. These groups are intended for either marital partner that is looking for help with anger, loneliness, depression, finances and all the other ill-effects of their situation.

Using video materials and small group discussion in a friendly, caring environment, we hope you will receive the healing you need to overcome this difficult time in your life.

If you are interested in getting further information about any of these free services we provide, please contact us.

We are here to serve you.

If you are a member of an organization that would like to partner with us in our efforts, please contact us.

We are here to work with you.

If you would like to volunteer to assist us in helping families and marriages in our county to be all that they can be, please contact us.

We may have something for you to do that is both meaningful to you, and helpful to others.

**FOR THOSE MARRIAGES
EXPERIENCING SEVERE
RELATIONAL DIFFICULTIES:**

We offer **free** marriage restoration services using trained mentor couples whose marriages at one time were near the brink of divorce, but who overcame their difficulties. They can help you learn how to resolve conflicts you may have had for years or just how to communicate better and feel that love that's been lost. You may have hurt each other deeply and don't believe you can get over it, but we believe you can. These couples are here for you and your marriage.

We believe EVERY marriage can be saved from divorce when both people are willing to at least try.

**Marriage Resource Center
of Frederick County**



To contact us
please call:
301-898-8917

Email: Bob@MarriageFrederick.org

Website: www.MarriageFrederick.org

Marriage Resource Center of Fred. County is a 501c3 non-profit organization here to benefit the entire family.

**Marriage
Resource
Center**

Calling the Community to Raise
Its Standards for Marriage !



**Preparing,
Strengthening,
and Restoring
Marriages
throughout
our County**

RAISING THE STANDARD OF MARRIAGE

You can learn skills to help find a mate, prepare for a lifelong marriage or enrich your existing marriage.



FOR ALL THOSE WHO ARE SINGLE AND SINGLE AGAIN

Dating and mate selection in our society has changed dramatically over the last few decades, greatly affecting how we establish relationships, evaluate potential partners, and finally make that most critical of choices, the selection of a mate for life. The six-hour class we offer is formally called "How to PICK a Partner", but may be better known as:

"How to Avoid Falling For a Jerk or Jerkette"

Participants are taught important skills to help them balance their emotions between their Head and their Heart and recognize unhealthy characteristics in potential mates and in themselves.

FOR THE ENGAGED:

We offer a comprehensive premarital process where the engaged couple is matched up with a trained mentor couple for 4—6 sessions, comprising the administration of a computerized assessment inventory and selected exercises to build needed relationship skills. These skills have been proven to increase the likelihood of a successful marriage to as much as 97%.

FOR EVERY COUPLE: TO MAKE YOUR MARRIAGE ALL IT CAN BE:

The Marriage Resource Center recognizes the need for every married couple to periodically take time to refocus on their relationship and rekindle the flames of romance that are so important. We suggest you attend one of our "RINGS" Conferences.



RINGS CONFERENCE:

We strongly recommend our one-day professionally-developed conference called "**RINGS**", which stands for **Real Intimacy and Growth Skills**. It is well-suited for pre-married and married couples of all stages: dating, cohabiting, engaged, newlywed, happily married and even those who are struggling.



Perhaps you and your partner could use a day together to concentrate on your relationship. Who wouldn't want to discover their partner's Love Language, so they could know the best way to show them affection. Learn this and many other skills as you also experience deeper levels of understanding and connectedness.

This conference is founded on the belief that everyone wants to have a happy, healthy, stable, and life-long marriage.

**"ASSUMING OUR MARRIAGE
NEEDS NO ATTENTION WILL BE A
KEY TO ITS FAILURE."**